## **Academic Success Courses for Fall 2021**

## LIBA 105X-ABL: Academic Success I

Fall 2021 dates & times to be determined.

1 credit

This course is designed to strengthen students' academic skills in order to create a foundation for success. Particular areas of focus will include goal-setting, time management, active reading, and other effective learning strategies.

## LIBA 106X-M4BL: Academic Success II

Fall 2021 dates & times to be determined.

2 credits

This course focuses on the science of learning in order to develop evidence-based strategies for academic success. Participants will be introduced to the major research on cognition and learning, and develop an academic strategy for themselves based upon these findings. Particular areas of focus will include metacognition, mindsets, memory, multisensory learning, physical factors and cognition, and focus/attention.

For more information about these courses, contact Jade Horning, Student Success Program Manager at 515-263-2860 or <a href="mailto:ihorning@grandview.edu">ihorning@grandview.edu</a>.